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AWAKENING THE SPIRITUAL WARRIOR WITHIN

Harness the power of attention - practical philosophy leading to joy and happiness by attending

3TH2N's - Two days intensive training

First I will tell you what I am going to tell you.

Then I am going to tell you.

Finally I will tell you what I told you...

Overview.

The challenge facing many people is that they feel out of control without the ability to change their life situation or circumstances.

(The person maybe someone you know or possibly you.)

This is because they have been using old outdated information and a limiting belief system as a guide, it may have served them well in the past, yet it no longer supports who they are now!

Often hiding behind old habits, seeking to change external circumstances, without wishing to change themselves.

Summarized as low self esteem, self worth or stress.

The need is evident in how you feel - your general state of well being.

Summarised in your actions / non action, self talk, behaviour, ill-health, general lack of energy and motivation for life.

The solution is to alter your predominant habits of thought.

Which has been an over bias of your (left brain) egotistical nature

Harmony is reached when your brain operates as a balanced unit.

The right brain presents the theoretical answers whilst the left provides specific practical application.



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*Each event is a mixture of education and training.
Scientific theory and practical application.*

First course candidates are educated and trained in the tools and principle that are used to solve a violent attack.

*This is chosen as it is the primary human phobia.
Success or the lack of it, is easily and instantly recognised.*

Initially you find that you are uneducated and feel helpless, relying more on "hope" or "denial" as your main means of surviving.

Once you are shown the principles that underline every such situation, inspirational self empowerment return.

You quickly emerge with your own personal experience of how to apply universal principles to survive from any such situation.

Once you gain the confidence to deal with this extreme situation you are then prepared to make the quantum leap to solving problems in your personal life.

*Again you are given the tools that apply to all and every situation.
Success is confirmation by your own emotional state.*

The goal

Is to provide you with all of the knowledge that is required for you to feel good about yourself, and to gain access to this "feel good state" once the course is over.

You realise that you hold the key to your fate, by you constantly striving and searching for higher and better feeling states of being.

You feel loved energised and motivated.

Full confidence and well being return.

You realise you are your own master, and that you have the power to change your life for the better.

To find the solution to a **problem** we have to move beyond where the problem was first created. Although the problems can vary enormously the fundamental issue is the same. People have negative thoughts or feelings about a situation.



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In order to change the situation or circumstances people often ***take action from their current position*** which is seldom appropriate.

A more efficient system is to **change your overall attitudes and values "before"** taking any action.

During the training event we use many varied situations from the realm of face to face aggression. Course candidates are educated in the tools and scientific solutions that solve any violent encounter.

As participants are subject to new scenarios they begin to identify the solutions to problems that were previously seen as "unsolvable". This leads to an increase in confidence.

Face to face aggression is the number one human phobia, and is chosen as the platform to deal with other fears that candidates have.

During the course your threshold to stress is increased. Initially you react to a low threat with a high threat response.

As you progress you respond to high threats with a low threat responses.

The success occurs because your mindset have been reversed from being a reactive/defensive, to one that is creative/responsive.

.You cannot use logical equipment to answer illogical problems.

Both violent situation and life are illogical and to find solution we use our imaginative right brain to find the answers.

As the dynamics of interpersonal conflict is random, the linear limited left brain is ill equipped to find 100% reliable solutions.

In this environment a "defensive reactive" approach fails. The left hemisphere quickly reaches saturation point.

However right hemisphere (which is all inclusive) presents solutions outside of the capability of the limited left. It is possible through our unique approach to measure the effectiveness of the training by your partners reactions.

The course participants begin to create and formulate solutions, expressing them through the physical mechanics of the body. They realize the prime mover is the human brain and the body the delivery system. Interaction with people allows us the opportunity to self improve by bringing our imagination to life.

New thoughts and ideas when coupled with high stimuli cause the brain to create synapses in the brain to facilitate the new information, and hence new habits are formed.



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Now Imagine you live in a box, with height length and width.
Your personal problems are inside the box whilst the solutions are found outside.
To exit the box you have to move beyond the floor ceiling or walls.
The walls floor and ceiling are constructed of **fear** or our self imposed limiting belief systems.

"Tools" are required that will enable you to breach the limited structure.
The two days of intensive immersion provide a "toolbox" so you have the power to dismantle the fear.

We begin by dealing with the fear that a person encounters in face to face aggression, and the constants for solving any violent confrontation.

Using this as a springboard to understanding how you can transcend fear that occurs in your own personal life.

The result is a more confident you, one who has a solid sense of self and peace of mind. Other **benefits** include constant experience of the following states of being:

- stability
- emotional strength
- happiness
- results are intentional
- strong satisfying relationships
- Resiliency to deal with what happens
- consciously created desired results with ease
- Genuine ability to inspire others, without the need for feeling righteous or praise.

You move away from being in "The effect state of fear"

Those living in a reactive state have a very different perspective of life from those living from the "witness perspective".

There was a time when I found nothing in life had any real meaning, the magic had gone.

Fear dictated much of my life.

Fortunately I entered a series of life changing circumstances that melted the fear away, fear was replaced with a sense of awe and wonder.

The "Thirteen pearls of wisdom" sprung into being, I found a deeper sense of peace.

It took a while for me to adapt and settle in to my new way of comfort.

At some level I had asked for things to change and through "synchronicity" the answers came.

The change was not easy, yet rewarding.

Passing through mental thresholds I discovered surprise and serendipity.

Let your intuition guide you to the success and positive growth that is on the other side of your own self imposed boundaries

Kenny Johnson



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Life is becoming extremely challenging for many.

The training is aimed at effective and efficient way to facilitate change. It allows course participants to go through highly beneficial evolutionary process.

It is purposely designed to give the human brain input that will cause your present way of being in the world and how you relate to the world to fundamentally change.

Using an evolutionary sequence of events:

Overwhelm, temporary chaos and restructuring at a higher level.

The process supports an increase in your personal resiliency, allowing you to cope more clearly more calmly and more resourcefully with whatever happens.

You are then able to create a whole new way of being, you become more secure, confident happy and outwardly more effective.

The event is organised so that the stimuli affecting the brain are strong enough and applied in such a way that a person who is resistant to changing their old habits eventually evolve to a elevated level, of mental, emotional and possibly spiritual - functioning.

With the increasing demands presented by modern day living it is necessary to reorganise the brain so that it can satisfy and deal with them.

During this gathering you are presented with more information than the brain can handle and this encourages the brain to reorganise itself, repeatedly at higher levels of functionality.

Many persons have been disconnected from their true potential and responsibility, which should be first and foremost to themselves.

They have been dominated and influenced by negative self talk, external stimuli, circumstances and the opinions of others.

When in your place of power you can state.

How you feel about me is how you feel about me.

However how I feel about me is what is important to me.

How you feel about me is your concern - not mine.

My power is my power, and your power is your power

I will never hold you or any other responsible for how I feel"

It is well worth reminding you of the process.

This is the process, increased stimulation of the brain- leading to temporary overwhelm of the current system- temporary chaos- resulting in restructuring at a higher level.



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Leading to increased capacity for awareness, emotion and physical health, mental abilities and the understanding of life's experiences in an expanded context.

The training pushes you to a point where you must

"Escape to a higher order"

The process is exciting and mirrors the way that life happens,

"You learn the advantages of "being happy now"".

Life is a process of constant change and it is your resistance to change that is the root of your challenges

This event is organised to make you change...

First I will tell you what I am going to tell you.

Then I am going to tell you.

Finally I will tell you what I told you...

Then

Hopefully YOU Get It 😊

Spirit Wants You To Remember...



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